

RaceNumber	Distance	surname	firstname	Age	IDNo	gender	GenderPos	Category	CatPosition	RaceTime	OverallPos	Speed
329	30	Kruger	Adri	39	1980/02/19	Female	1	Open Ladies 30 km	1	01:24:24	11	21.33
386	30	Pool	Julie	34	1985/11/09	Female	2	Open Ladies 30 km	2	01:26:37	13	20.78
389	30	Potgieter	Karen	42	1977/08/23	Female	3	Open Ladies 30 km	3	01:31:16	26	19.72
342	30	Van Zyl	Marlize	52	1967/06/23	Female	4	Open Ladies 30 km	4	01:32:32	30	19.45
319	30	Pretorius	Lara	50	1969/01/23	Female	5	Open Ladies 30 km	5	01:32:39	32	19.43
338	30	Lizamore	Yolanda	48	1971/04/20	Female	6	Open Ladies 30 km	6	01:35:24	36	18.87
367	30	Howard	Natassja	30	1989/04/22	Female	7	Open Ladies 30 km	7	01:35:37	37	18.83
334	30	Venter	Marinda	48	1971/04/12	Female	9	Open Ladies 30 km	8	01:38:40	43	18.24
385	30	Labuschagne	Pierrette	47	1972/01/09	Female	10	Open Ladies 30 km	9	01:38:42	44	18.24
345	30	Smith-Edwards	Tanya	43	1976/09/23	Female	11	Open Ladies 30 km	10	01:39:24	45	18.11
332	30	Vos	Carien	40	1979/09/19	Female	12	Open Ladies 30 km	11	01:39:26	46	18.10
362	30	Wille	Anel	49	1970/10/03	Female	13	Open Ladies 30 km	12	01:41:28	49	17.74
349	30	Smith	Delia	51	1968/03/15	Female	14	Open Ladies 30 km	13	01:41:32	50	17.73
380	30	Prozesky	Karen	59	1960/04/24	Female	15	Open Ladies 30 km	14	01:41:34	51	17.72
377	30	Volsteadt	Christa	41	1978/06/21	Female	16	Open Ladies 30 km	15	01:44:50	55	17.17
372	30	Coetzee	Sally	50	1969/12/26	Female	17	Open Ladies 30 km	16	01:45:04	57	17.13
376	30	Van Der Westhuizen	Jana	43	1976/07/31	Female	18	Open Ladies 30 km	17	01:45:30	58	17.06
304	30	Rautenbach	Chantelle	41	1978/12/08	Female	19	Open Ladies 30 km	18	01:45:31	59	17.06
308	30	Ludgrove	Natasja	40	1979/11/26	Female	20	Open Ladies 30 km	19	01:50:45	65	16.25
368	30	van den Berg	Adri	61	1958/10/29	Female	21	Open Ladies 30 km	20	01:51:52	68	16.09
325	30	Strydom	Annelise	46	1973/09/15	Female	22	Open Ladies 30 km	21	01:53:35	70	15.85
306	30	Archer	Heide	47	1972/07/24	Female	23	Open Ladies 30 km	22	01:53:37	71	15.84
322	30	Basson	Henriette	51	1968/03/06	Female	24	Open Ladies 30 km	23	01:54:24	73	15.73
366	30	Ferreira	Amelda	39	1980/08/03	Female	25	Open Ladies 30 km	24	02:01:02	75	14.87
359	30	Brown	Tanja	45	1974/05/27	Female	26	Open Ladies 30 km	25	02:08:13	79	14.04
346	30	Alberts	Mariska	40	1979/10/07	Female	27	Open Ladies 30 km	26	02:08:33	81	14.00
303	30	Janse van Nieuwenhuizen	Chantal	36	1983/10/24	Female	28	Open Ladies 30 km	27	02:15:35	83	13.28
387	30	Alexander	Adriet	31	1988/08/07	Female	29	Open Ladies 30 km	28	02:19:07	84	12.94
363	30	Leonard	Antoinette	33	1986/05/24	Female	30	Open Ladies 30 km	29	02:19:09	85	12.94
327	30	Glorioso	Rene	34	1985/06/16	Female	31	Open Ladies 30 km	30	02:19:54	86	12.87
357	30	Kempen	Teresa	41	1978/03/03	Female	32	Open Ladies 30 km	31	02:19:58	87	12.86
312	30	Sheppard	Denise	57	1962/11/05	Female	33	Open Ladies 30 km	32	02:51:27	88	10.50
381	30	Mashego	Jafta	22	1997/06/13	Male	1	OPEN Men - 30km	1	01:18:42	1	22.87
341	30	Jacobs	Morne	43	1976/01/22	Male	2	OPEN Men - 30km	2	01:18:58	2	22.79

RaceNumber	Distance	surname	firstname	Age	IDNo	gender	GenderPos	Category	CatPosition	RaceTime	OverallPos	Speed
371	30	Turvey	Roland	44	1975/12/18	Male	3	OPEN Men - 30km	3	01:20:43	3	22.30
317	30	van Heerden	Antonie	52	1967/09/25	Male	4	OPEN Men - 30km	4	01:20:47	4	22.28
301	30	Holtzhausen	Francois	41	1978/05/22	Male	5	OPEN Men - 30km	5	01:22:39	5	21.78
352	30	Taylor	Donavan	41	1978/11/15	Male	6	OPEN Men - 30km	6	01:23:00	6	21.69
351	30	Taylor	Roger	43	1976/03/02	Male	7	OPEN Men - 30km	7	01:23:02	7	21.68
350	30	Cilliers	Eugene	31	1988/06/17	Male	9	OPEN Men - 30km	8	01:23:19	9	21.60
344	30	Luckhoff	Johan	31	1988/11/10	Male	11	OPEN Men - 30km	9	01:26:04	12	20.91
373	30	Davis	Ernest	52	1967/02/01	Male	12	OPEN Men - 30km	10	01:27:08	14	20.66
383	30	van Eijk	Martin	37	1982/08/08	Male	13	OPEN Men - 30km	11	01:27:33	15	20.56
307	30	Lightfoot	Edward	47	1972/02/03	Male	15	OPEN Men - 30km	12	01:29:11	17	20.18
365	30	Botha	Johan	25	1994/01/04	Male	16	OPEN Men - 30km	13	01:29:16	18	20.16
364	30	Du Preez	Johan	27	1992/08/21	Male	17	OPEN Men - 30km	14	01:29:17	19	20.16
333	30	Chandler	John	52	1967/04/07	Male	18	OPEN Men - 30km	15	01:29:52	20	20.03
382	30	Hugo	Wynand	20	1999/07/09	Male	19	OPEN Men - 30km	16	01:30:15	21	19.94
328	30	Kruger	Jan	56	1963/11/26	Male	20	OPEN Men - 30km	17	01:30:16	22	19.94
360	30	Kemp	Neels	31	1988/01/11	Male	21	OPEN Men - 30km	18	01:30:31	23	19.89
390	30	Christie-Taylor	Brett	24	1995/04/19	Male	22	OPEN Men - 30km	19	01:30:44	24	19.84
313	30	Nieuwenhuizen	Danie	47	1972/06/06	Male	23	OPEN Men - 30km	20	01:30:49	25	19.82
384	30	Voges	Christiaan	32	1987/10/22	Male	24	OPEN Men - 30km	21	01:31:41	27	19.63
355	30	Bosch	Jacques	36	1983/07/09	Male	25	OPEN Men - 30km	22	01:32:17	28	19.51
356	30	Mouton	Stan	37	1982/09/23	Male	26	OPEN Men - 30km	23	01:32:21	29	19.49
343	30	Van Zyl	Pieter	56	1963/10/20	Male	27	OPEN Men - 30km	24	01:32:35	31	19.44
314	30	Stroh	Waldo	38	1981/02/16	Male	28	OPEN Men - 30km	25	01:32:56	33	19.37
320	30	Pretorius	Gerrie	52	1967/01/16	Male	29	OPEN Men - 30km	26	01:34:10	34	19.12
340	30	Jacobs	Coenie	45	1974/06/15	Male	30	OPEN Men - 30km	27	01:34:19	35	19.08
331	30	Hoffman	Kyle	32	1987/03/24	Male	31	OPEN Men - 30km	28	01:36:28	40	18.66
318	30	Victor	Neville	61	1958/05/21	Male	32	OPEN Men - 30km	29	01:36:37	41	18.63
375	30	Schoeman	Schalk	55	1964/12/04	Male	33	OPEN Men - 30km	30	01:37:36	42	18.44
347	30	Richter	Francois	29	1990/05/30	Male	34	OPEN Men - 30km	31	01:40:52	47	17.85
361	30	Wille	Colin	50	1969/06/16	Male	35	OPEN Men - 30km	32	01:41:26	48	17.75
353	30	le Hanie	Paul	57	1962/10/04	Male	37	OPEN Men - 30km	33	01:41:36	52	17.72
336	30	Van Dyk	Andre	48	1971/08/04	Male	39	OPEN Men - 30km	34	01:44:16	54	17.26
391	30	Vianello	Andre	75	1944/11/27	Male	40	OPEN Men - 30km	35	01:45:02	56	17.14
330	30	Hoffman	Donovan	37	1982/09/28	Male	41	OPEN Men - 30km	36	01:47:04	60	16.81
388	30	Kotze	Roelof	51	1968/01/28	Male	42	OPEN Men - 30km	37	01:47:15	61	16.78
339	30	Du Plessis	Nico	60	1959/07/20	Male	43	OPEN Men - 30km	38	01:48:47	62	16.55

RaceNumber	Distance	surname	firstname	Age	IDNo	gender	GenderPos	Category	CatPosition	RaceTime	OverallPos	Speed
309	30	Ludgrove	John	49	1970/05/21	Male	45	OPEN Men - 30km	39	01:50:44	64	16.26
378	30	Jordaan	Berhard	26	1993/11/09	Male	46	OPEN Men - 30km	40	01:51:20	66	16.17
374	30	van Staden	Marcellus	54	1965/03/25	Male	48	OPEN Men - 30km	41	01:52:52	69	15.95
354	30	Buitendach	John	34	1984/12/31	Male	49	OPEN Men - 30km	42	01:54:16	72	15.75
323	30	Basson	Christiaan	62	1957/04/18	Male	50	OPEN Men - 30km	43	01:55:36	74	15.57
326	30	Glorioso	Giulio	36	1983/12/02	Male	51	OPEN Men - 30km	44	02:04:15	76	14.49
321	30	Prinsloo	Johan	59	1960/09/20	Male	52	OPEN Men - 30km	45	02:05:34	77	14.34
379	30	Hume	Colin	54	1965/01/20	Male	53	OPEN Men - 30km	46	02:05:36	78	14.33
358	30	Keulder	Lukas	62	1957/01/15	Male	54	OPEN Men - 30km	47	02:08:16	80	14.03
335	30	Burns	Gabriel	12	2007/06/05	Male	44	Sprog Boys	1	01:50:38	63	16.27
311	30	Atherton	Luuka	10	2009/12/16	Male	47	Sprog Boys	2	01:51:23	67	16.16
369	30	Breytenbach	Tertius	14	2005/08/11	Male	38	Sub Junior (M)	1	01:43:04	53	17.46
324	30	Le Roux	Hugo	13	2006/09/19	Male	55	Sub Junior (M)	2	02:13:44	82	13.46
392	30	Steyn	Jean	15	2004/06/02	Male	8	Youth (M)	1	01:23:05	8	21.66
337	30	van Dyk	Nicholas	16	2003/05/20	Male	10	Youth (M)	2	01:23:42	10	21.51
315	30	Oosthuizen	Tyron	16	2003/02/05	Male	14	Youth (M)	3	01:27:38	16	20.54
370	30	Badenhorst	Elmarie	48	1971/07/20	Female		E-Bike	1	01:35:38	38	18.82
310	30	Badenhorst	Lee	46	1973/09/03	Male		E-Bike	2	01:35:39	39	18.82